

# Download The Schopenhauer Cure A Novel

Schopenhauer Cure is a good way to learn group psycho-therapeutic practice. Reads like a novel (and it is) and shows that the therapist does his/her clients more good by being an integral part of the group rather than as a stone faced know-it-all. Yalom is definitely NOT a Freudian. His methodology is largely Existential/eclectic counseling. The Schopenhauer cure : a novel, 1st ed, c2005, Irvin D. Yalom Julius Hertzfeld is a distinguished psychotherapist when a sudden confrontation with his own mortality forces him to re-examine his life and work. The Schopenhauer Cure: A Novel by Irvin Yalom. Suddenly confronted with his own mortality after a routine checkup, eminent psychotherapist Julius Hertzfeld is forced to reexamine his life and work — and seeks out Philip Slate, a sex addict whom he failed to help some twenty years earlier. The author of The Schopenhauer Cure, Irvin Yalom, who is a psychotherapist and a professor of psychiatry in California, has written many textbooks on psychotherapy and is a favourite author of psychotherapy students. His book A Gift Of Therapy has been a constant companion of mine.